



# CRS COVID-19 Safety Guidelines

## PURPOSE

To ensure the safety and well-being of the Columbia River Symphony membership/musicians/supporters, the Columbia River Symphony has enacted safety precautions per guidance from the CDC, local, state, and federal entities.

\*Please note that these guidelines are subject to change.

***\*Guidelines Updated 09/29/2021***

## PROCEDURES

COVID-19, or Coronavirus, symptoms include, but are not limited to: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea. The CDC is continuing to update this list as more is continued to be learned.

### **Board Responsibilities**

1. The CRS board will evaluate the safety of holding rehearsals and cancel as needed.
2. The board will do its best to balance the mental health with physical health and safety of symphony members/musicians.
3. The board will ensure all attending are following the guidelines below to the best of their ability.

### **Member/Musician Responsibilities:**

1. CRS Members/Musicians are **NOT** to attend rehearsal if they have a known exposure to COVID-19, if they are ill in any way, or exhibiting any of the above listed symptoms. It is recommended if a symphony member/musician

- is experiencing any of COVID-19 symptoms, they do **NOT** attend rehearsal or concert and consult with their medical professional.
2. In order to participate in rehearsals and concerts, **ALL** symphony members/musicians must sign the COVID-19 Liability Release form which was sent out to participating musicians on 09-28-2021. Forms will be present at all rehearsals if you are unable to print these off. If you would like a form emailed to you...please message us at [CRSMusicians@gmail.com](mailto:CRSMusicians@gmail.com)
  3. It is recommended that symphony members/musicians participating in symphony activities wear a mask when out of their seat or not playing while rehearsals (including announcements and between pieces) or a concert are happening.

### **All Musicians:**

1. All musicians are required to have a mask that is to be worn over the nose and mouth. String players, conductor, and anyone that is not a wind player, must wear a mask at all times. All wind players must have masks on at all times, except when playing. It is recommended that if you are able to wear a mask for playing (a mask with a "slit/opening" for playing) to do so...although not required. If you do not have these special masks, and would like one, please talk with the conductor about availability, or where to purchase one.
2. All wind players will have a COVID bell cover for their instrument. If you do not have access to one...the director will have one available for all instruments that can be loaned out.
3. All musicians will be socially distanced at a space of 6-9ft (side-to-side, & front to back).
4. All brass players...please bring a rag or something that you can empty your condensation into/onto during rehearsal.
5. PLEASE make sure to wash your bell covers and rags between rehearsals.
6. Musicians will take a 10-15 minute break during rehearsal to allow the air in the room to circulate.

\*\*\* The above will be updated as needed throughout the Winter/Holiday 2021 Season!